

PRÉNOM :

CLASSE :

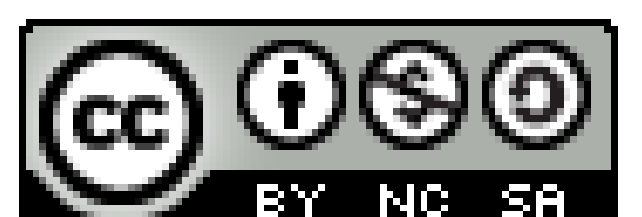


MON LIVRET

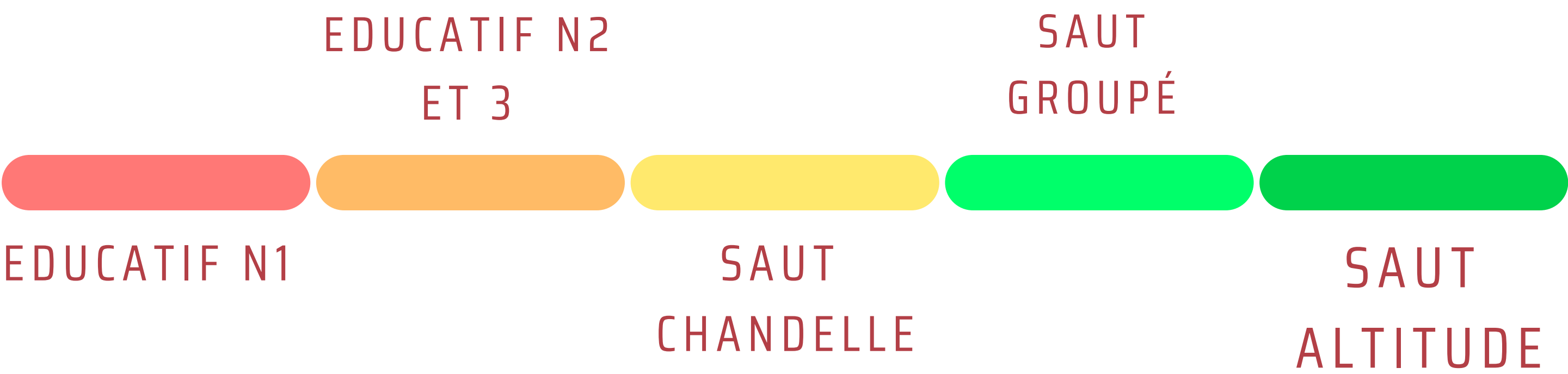
DE GYMNASTIQUE

CYCLE 3

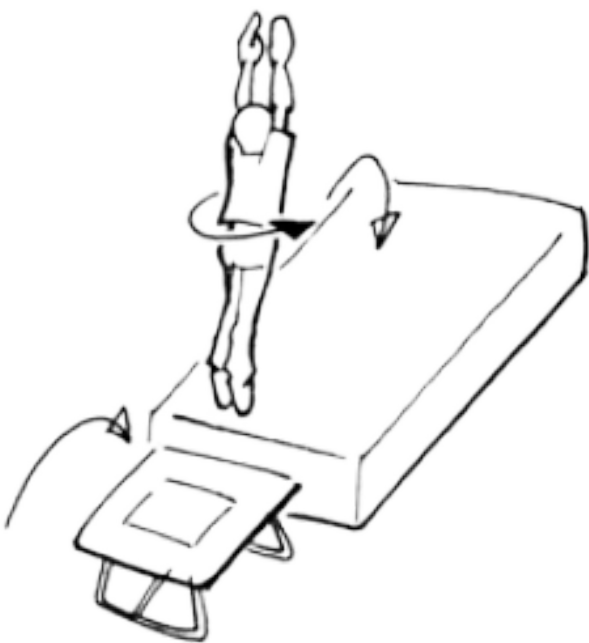
COLLEGE VICTOR HUGO
L. DAL



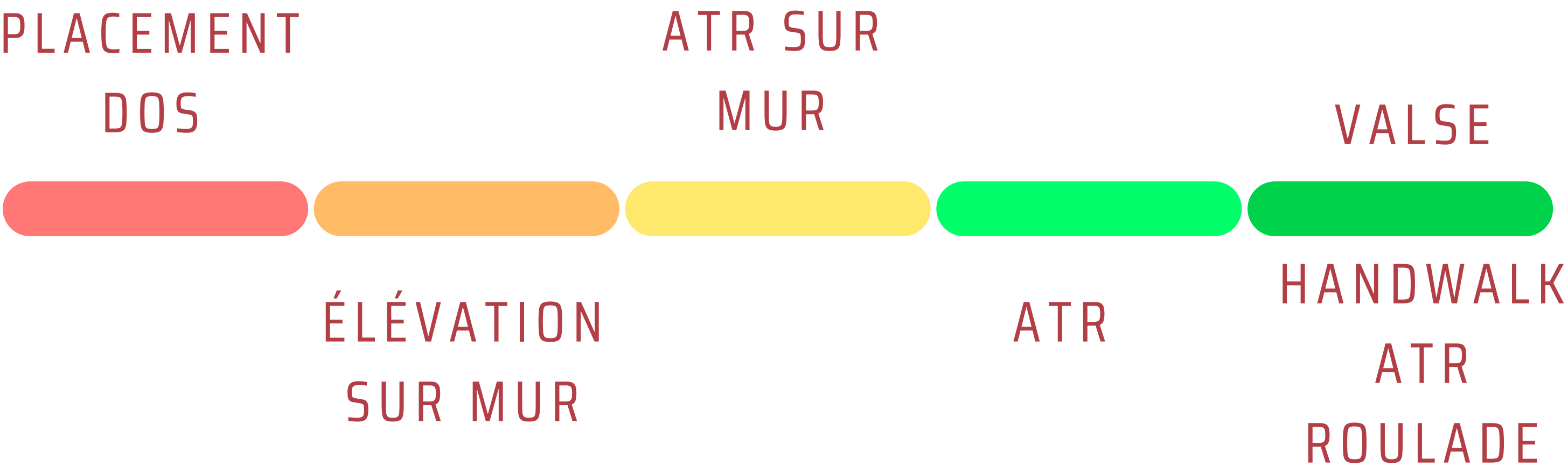
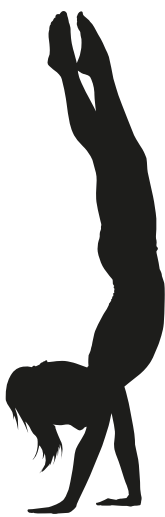
IMPULSION



TRAMPOLINE



ATR





ROULADE AVANT

PENTE 1

AU SOL

ELEVÉE



PENTE 2

ENCHAINÉE

ENCHAINEMENT



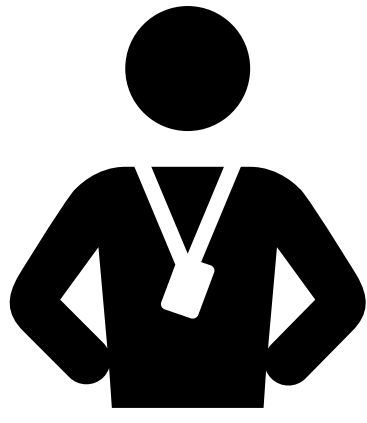
ÉLÉMENT 1

ÉLÉMENT 2

ÉLÉMENT 3

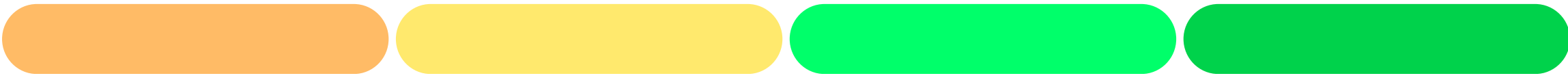
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COACHING



COPAIN

ESSAIE D'IDENTIFIER
LES CRITÈRES DE
RÉUSSITE



AIDE -
ENCOURAGE

AIDE - ENCOURAGE ET
CONSEILLE

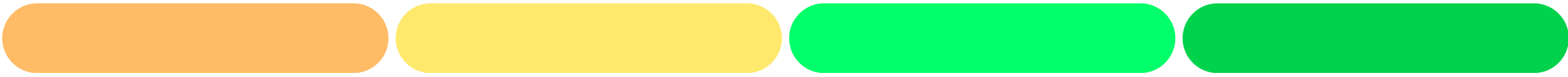


ECHAUFFEMENT

INCOMPLET

VITE, VITE..

AUTONOME



INTERMITTENT

COMPLET